

Zeitplan

VfL Bochum 1848 Leichtathletik e.V.

Weitsprung Cup 2019

26.05.2019

M	MJ U20	MJ U18	MJ U16	MJ U14	MKU 12	MKU 10	Zeit	WK U10	WK U12	WJ U14	WJ U16	WJ U18	WJ U20	W
							10:00					100	100	100
100	100	100					10:10							
WEI	WEI	WEI					10:20				100	HOC	HOC	HOC
			100				10:30							
							10:40							
							10:50			75M				
				75M			11:00							
							11:10			BAL				
				WEI			11:20		50M					
					50M		11:30							
			HOC				11:40	50M						
					SCH	50M	11:50		WEZ					
							12:00							
							12:10							
							12:20	4X5			WEI			
						4X5	12:30							
							12:40		4X5					
					4X5		12:50							
							13:00	WEZ						
						SCH	13:10				HOC	200	200	200
200	200	200	WEI				13:20							
							13:30							
							13:40			4X7				
				4X7			13:50							
						WEZ	14:00				300			
			300				14:10	SCH						
							14:20			WEI				
							14:30				4X1			
			4X1				14:40							
							14:50					4X1	4X1	4X1
4X1	4X1	4X1					15:00							
						WEZ	15:10		SCH			400	400	400
400	400	400		BAL			15:20							
							15:30							
HOC	HOC	HOC					15:40	800				WEI	WEI	WEI
						800	15:50							
							16:00		800					
					800		16:10							
							16:20			800				
				800			16:30							
							16:40				800			
			800				16:50							
							17:00					800	800	800
800	800	800					17:10							
							17:20							
3K0	3K0	3K0					17:30					3K0	3K0	3K0

Stand: 15.02.2019